



# COSMO TIMES

## ROTARY CLUB OF GURGAON COSMOPOLITAN

RI DIST 3011 Club ID C000069836

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## PRESIDENT'S MESSAGE



### Dear Rotary Family,

Our Rotary Club is a beacon of hope and positive change, and I am honoured to serve as your President. It is with great pleasure and pride that I share with you the highlights of our recent events and activities in this edition of the Rotary Club magazine. The past month has been filled with moments of inspiration, camaraderie, and impactful service.

### Governor's Official Visit:

The Governor's Official Visit (GOV) was a remarkable event held at the VIP Club, M3M Golf Estate, Sector 65, Gurgaon, on September 25th, 2023. We were honoured to welcome DG Rtn. Jeetender Gupta, First Lady Rtn. Dr Deepti Singh Gupta, along with other distinguished guests. The discussion of board members with the DG opened various avenues of corporate funding for social projects and reaffirmed our commitment to Rotary's values and service to the community.

### Installation Ceremony 2023-24:

Following the GOV, the Installation Ceremony of yours truly and the team took place at the VIP Club. DG Rtn. IPP Rtn. Abhishek Aneja's insightful talk about the activities of previous year and the President's presentation of our ongoing projects showcased the club's dedication to making a meaningful impact. The event was meticulously organized and well-received by all attendees.

In the words of Mahatma Gandhi, "The best way to find yourself is to lose yourself in the service of others." Our club exemplifies this spirit of selfless service, and together, we've achieved remarkable feats that have touched the lives of those in need. Let us continue to be a force for good in our community and beyond.

## THE 4-WAY TEST

of the things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Let us all keep the above tests in mind before we say, think or do anything

**Induction of New Members:**

We proudly welcomed new members into our Rotary family, each bringing unique skills and perspectives. Their classifications range from business and corporate gifting to service and travel consultancy. We look forward to their contributions as we continue our journey of service above self.

**President Elect Meet-I for Rotary Year 2024-25:**

Ayaansh...the first ray of sun marked the "President Elect Meet-I" for the Rotary Year 2024-25. Held at Orana Conventions, it brought together leaders from our club and beyond, setting the stage for another year of impactful projects and collaborations.

**Sakshar - District Literacy Seminar:**

Our own PP Rtn. Ruchi Rai masterfully hosted the Sakshar District Literacy Seminar, where Rotarians, Rotaractors, and Interactors gathered to address the crucial issue of literacy. The event's success is a testament to our commitment to education and empowerment.

**World Alzheimer's Day 2023:**

In collaboration with Dementia India Alliance, Antara Senior Care, and Rotary Clubs, we celebrated World Alzheimer's Day on September 21st. Our members actively participated in a seminar that provided valuable insights into understanding and supporting individuals affected by dementia.

**RotaryCares4You Projects:**

Through our RotaryCares4You projects, we distributed personal care products to students in Narnaul City and Rotary Public School, Gurgaon. This initiative, made possible through CSR contributions, reflects our dedication to community well-being.

**Reflecting on Service:**

Our Club's activities, including Tree Plantation, Eye Camp, and Health Checkup Camp, were featured in the September 2023 issue of Postcards GML Vol No.1, showcasing our commitment to holistic community development.

**Inspiration to Action:**

A moment of celebration as our PP Rtn. Vivek Duggal was selected as Zonal Chair Projects (Zone 29-31) in RI District 3011 for Rotary Year 2024-25. This recognition speaks volumes about our club's leadership and commitment to Rotary's ideals.

**Rotary Public Image:**

A special mention goes to IPP Rtn. Abhishek Aneja, who not only showcased his cricket prowess but also led his team to victory in the cricket series match organized by Bandhan Mutual Fund. Congratulations on winning the Man of the Match!

**Looking Forward:**

In the words of Paul Harris, the founder of Rotary, "Whatever Rotary may mean to us, to the world it will be known by the results it achieves." Let's strive for achievements that define our club as a force for good, leaving a legacy of service that future generations will proudly uphold.

As we reflect on these achievements, let us carry the spirit of Rotary forward, united in our commitment to making a positive impact on the lives of those we serve. Together, we can continue to be the change we wish to see in the world.

Yours in Rotary Service,  
Amit Kumar Jain  
President, Rotary Club of Gurgaon Cosmopolitan

## RI President's Message



**Rtn. Gordon R. McNally**  
President 2023-24, Rotary International

The International Day of Peace takes place 21 September. The United Nations General Assembly declared this a day devoted to strengthening the ideals of peace through observing 24 hours of non-violence and cease-fire. It is not enough, as People of Action, to simply avoid making war. If we are to Create Hope in the World, we must aggressively wage peace. Where can we begin? There are countless armed conflicts around the world, and the global population of displaced people is higher than ever. The opportunities are nearly limitless, but the cycles of violence and hardship seem endless. My advice is to start small but think big. I look to Rotary members in Pakistan and India for inspiration.

In March 2020, about 50 Rotary members from Pakistan met about 50 Rotary members from India at Kartarpur Sahib, a shrine in Pakistan. The sanctuary honors Guru Nanak, the founder of Sikhism, a religion practiced in both countries. Tensions between the two countries barred many religious pilgrims from India from visiting the shrine. That is, until Pakistan opened a visa-free pathway to them in 2019. Earlier this year, Rotary members from opposite sides of the border again met at the shrine, this time with about twice as many participants.

Any work toward building peace needs to be brave and bold. What these Rotary members have done is just that. The Pakistani government took an important step toward peace when it admitted Indian pilgrims to the Kartarpur Sahib shrine, but Pakistani Rotary members took the next step when they welcomed Rotary members from India as friends and family. That is Positive Peace at work.

These peacebuilders did not stop there. Club representatives at this year's meeting signed twin club certificates to recognize their long-term commitment to continue to learn from each other and to work together on more peacebuilding efforts, and they have held joint meetings via video chat. The importance of communicating with and learning from another culture cannot be overstated, and Rotary is making it even easier to do so. One way of engaging in cross-cultural dialogue and building relationships across borders is through virtual international exchanges that build on our current programs and make them more accessible.

A virtual exchange uses online platforms to connect people from different parts of the world so they can share their traditions, priorities, values, and more. Virtual exchanges can serve as a window to another part of the world through activities such as teaching a digital cooking class, learning a new language, or even designing service projects with a global impact. These online chats have the potential to inspire new connections and more respect between societies. Taking that knowledge and using it to better the lives of our fellow human beings is the next step.

Let's see where it takes us.

# Some Events of September 2023

## Governor's Official Visit



GOV Meeting of RCGC was held at VIP Club, M3M Golf Estate, Sector 65, Gurgaon on 25th September 2023. President Rtn. Amit Kumar Jain welcomed DG Rtn. Jeetender Gupta and First Lady Rtn. Dr. Deepti Singh Gupta, PP Rtn. Vivek Duggal, Assistant Governor, Zone 25; PP Rtn. Ruchi Rai, Regional Chair Admin; all Office Bearers, Board members, Committee Chairs. On request of DG, all present Board Members, Committee Chairs introduced themselves before the GOV meeting started. This year's GOV was 100% paper less which was appreciated by all. DG appreciated & shared his expectation with the board members from Rotary Club of Gurgaon Cosmopolitan.



## Installation Ceremony of Rotary Year 2023-24



The Installation Ceremony of President Rtn. Amit Kumar Jain and his team for the Rotary Year 2023-24 was held at VIP Club, M3M Golf Estate, Sector 65, Gurgaon on 25th September 2023 immediately after GOV. The Chief Guest of the Ceremony was DG Rtn. Jeetender Gupta. Chairman GOV & Installation was PP Rtn. Abhinav Bansal and Master of Ceremony was PP Rtn. Ruchi Rai. IPP Rtn. Abhishek Aneja gave elaborate talk of his tenure through PPT which was appreciated by one and all. President Rtn. Amit Kumar Jain addressed the gathering and he shared presentation of all the projects done this Rotary year 2023-24 up till now & expectation of our district from Rotary Club of Gurgaon Cosmopolitan. Overall, the event was very well planned & executed and was appreciated by all present.

## *Induction of new members*



Following new members were inducted:

1. Mr. Sudhir Goenka, Classification-Business, sponsored by Rtn Deepak Jain
2. Mrs. Neha Bansal, Classification- B2B Trading and Corporate Gifting (AV Retail), sponsored by Rtn Abhinav Bansal
3. Mrs. Rishika Jain, Classification-Business, sponsored by Rtn Amit Kumar Jain
4. Mr. Sanjeev Budhiraja, Classification- Service MNC, sponsored by Rtn. Abhishek Aneja
5. Mr. Govind Sharda, Classification-Business, sponsored by Rtn. Abhishek Aneja
6. Mr. Jeevit Vashishtha, Classification-Business, sponsored by Rtn. Jeetendra B. Sharma #6547179 Rotary Club of Akurdi Pune RI District 3131 and PP Rtn Abhinav Bansal.
7. Ms. Brinda Verma, Classification-Travel Consultant, sponsored by Rtn. Ruchi Rai
8. Mr. Vinod Abrol, Classification - Chartered Accountant as an Honorary Rotarian



# Glimpses of Installation Ceremony 2023-24













## "President Elect Meet-I" for Rotary Year 2024-25



Ayaansh....the first ray of Sun "President Elect Meet-I" for Rotary Year 2024-25 was held at Orana Conventions, Golf Course Extension Road, Gurgaon on 2nd September 2023. It was attended by AG Rtn. Vivek Duggal, PP Rtn. Ruchi Rai, PP Rtn. Aadesh Poddar, PP Rtn. Ratan Kumar and President Elect Rtn. Naveen Chowdhry from our Club.

## Sakshar - District Literacy Seminar



Sakshar District Literacy Seminar was held on 5th September 2023 at PHD House, New Delhi. The event saw an unprecedented attendance with around 500 Rotarians, Rotractors and Interactors attended the events. The MOC of the event was our PP Rtn. Ruchi Rai. It was a very well managed event. Ms. Seema Maini teacher in-charge of Interact Club of RPS International School sponsored by RCGC won the Teacher's Award at the District Literacy Seminar.

President Rtn. Amit Kumar Jain, AG Rtn. Vivek Duggal, IPP Rtn. Abhishek Aneja, PP Rtn. Ruchi Rai, Rtn. Sanjeev Budhiraja, Rtn. Jeevit Vashishtha, Rtn. Sudhir Goenka, Rtn. Govind Sharda attended this seminar from our Club.



## *Meeting with DGN Dr. Ravi Gugnani*



PP Rtn. Ratan Kumar had a meeting with DGN Dr. Ravi Gugnani during his official environment, health and safety audit of M/S Aisin Ltd Rohtak on 13th September 2023.

## *HEADLINES the District Public Image Seminar*



HEADLINES the District Public Image Seminar was held on 15th September 2023 at PHD House, August Kranti Marg, New Delhi. It was attended by President Rtn. Amit Kumar Jain, PP Rtn. Ruchi Rai, IPP Rtn. Abhishek Aneja, Rtn. Sudhir Goenka and Rtn. Sanjeev Budhiraja from our Club.

## Celebration of World Alzheimer's Day 2023



Dementia India Alliance along with Antara Senior Care and Rotary Clubs (District 3011) celebrated "World Alzheimer's Day 2023" on 21st September 2023 at Nirvana Patio Club, South City-II, Gurgaon. Outcome of this seminar: One of the major reasons for Dementia is Alzheimer - Medicines can be used to slow down the process. In other cases it could be because of other health issues or due to bacterial or virus infection which can be treated. Exercise, improving lifestyle, playing games and involving them back in social activities, taking vitamins etc will help. It is important for family members and caregivers to understand their condition and not to blame them for their forgetfulness. Spending time with them, playing games etc can help them. Prevent and manage high blood pressure, blood sugar, healthy weight. Be physically active, quit smoking. Prevent and correct hearing loss. Get enough sleep and keep social activities irrespective of your age. This seminar was attended by AG Rtn. Vivek Duggal, IPP Rtn. Abhishek Aneja, PP Rtn. Ratan Kumar and Rtn. Sanjeev Budhiraja from our Club.

## Inauguration of Global Grant ANUDAAN (Furniture)



Inaugural Ceremony of Global Grant Project ANUDAAN organized by Rotary Club Gurgaon with support of Rotary Public School was held on 24th September 2023 followed by Lunch. Chief Guest was District Governor Jeetender Gupta. It was very well organized events. It was attended by President Rtn. Amit Kumar Jain, Hony. Secretary Rtn. Naveen Chowdhry, AG Rtn. Vivek Duggal, PP Rtn. Ruchi Rai, PP Rtn. Deepak Jain, PP Rtn. Gopesh Aneja, IPP Rtn. Abhishek Aneja from our Club.



## RotaryCares4You in association with Rotary Club of Narnaul City



RotaryCares4u project - Rotary Club of Narnaul City distributed personal care products sponsored by Rotary Club of Gurgaon Cosmopolitan and Rotary Club Gurgaon, through CSR contribution from Blue Heaven Cosmetics Private Limited the students in Narnaul City on 29th September 2023. It was very well covered in the Print media.

## RotaryCares4You in association with Rotary Public School Gurgaon



RotaryCares4u project - Rotary Club of Gurgaon distributed personal care products sponsored by Rotary Club of Gurgaon Cosmopolitan and Rotary Club Gurgaon, through CSR contribution from Blue Heaven Cosmetics Private Limited in association with Rotary Public School, Gurgaon on 29th September 2023 during the PTM.



ROTARY CLUB OF GURGAON COSMOPOLITAN  
PRESIDENT: RTN AMIT KUMAR JAIN



On 23rd July Rotary Club of Gurgaon Cosmopolitan, along with Rotaract Club of Young Souvenirs in association with Viraan Eye & Retina Centre and Resident Welfare Association, Sector 57, Gurgaon organised an Eye Check Up Camp at AIWHO, Sujain Vihar, Sector 43 for its residents and support staffs where they had 50 beneficiaries. They had also conducted another Eye Check Up Camp at Raheja Atlantis Owners Association on 16th July where they had 67 beneficiaries.

ROTARY CLUB OF GURGAON COSMOPOLITAN  
PRESIDENT: RTN AMIT KUMAR JAIN



The club conducted an Eye, Dental and General Health Check-Up and awareness camp with Fortis Hospitals Vasant Kunj, Globe Dental, Centre for Sight and Lens Bus at the Convent of Jesus & Mary School near Bangla Sahib Gurudwara, Delhi from 16th to 18th August 2023.

Our Club's activities Tree Plantation, Eye Camp and Health Checkup Camp published in the Postcards GML Vol No.1, 2023-24 September 2023 issue.



## *Our Future Leaders*

### Selection of Zonal Chair Projects (Zone 29-31) Rotary Year 2024-25



We are proud that our PP Rtn. Vivek Duggal selected as Zonal Chair Projects (Zone 29-31) in RI District 3011 for Rotary Year 2024-25. Result announced on 28th September 2023.

## *Rotary Public Image*

### Cricket series match organized by Bandhan Mutual Fund



IPP Rtn. Abhishek Aneja won the Man of the Match in final and his team won the cricket series organized by Bandhan Mutual Fund on 28th September 2023.

# From the Desk of the Secretary

## Birthdays

### ROTARY MONTHS

Jul	Start of new Rotary officers year of service
Aug	Membership and New Club Development
Sep	Basic Education and Literacy
Oct	Economic and Community Development
Nov	Rotary Foundation
Dec	Disease Prevention and Treatment
Jan	Vocational Service
Feb	Peace and Conflict Prevention/ Resolution
Mar	Water and Sanitation
Apr	Maternal and Child Health
May	Youth Service
Jun	The Rotary Foundation's 110th Anniversary

### October

7th	Rtn Ajay Wasan
8th	Rtn. Neha Bansal
13th	Rtn Aadesh Poddar
21st	Rtn. Dr. Neeraj Sanduja
25th	Rtn Ratan Kumar
26th	Rtn Abhishek Aneja
27th	Rtn Abhinav Bansal

## Anniversaries

### October

29th	R'anne Mukti Agarwal & Rtn. Anshu Jindal
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## Upcoming events

8 <sup>th</sup> October 2023	Blood Donation Camp
12 <sup>th</sup> October 2023	Regular Club Meeting
13 <sup>th</sup> October 2023	District Membership Seminar
16 <sup>th</sup> October 2023	Eyeglasses distribution
30 <sup>th</sup> October 2023	Installation Ceremony of Interact Club
4 <sup>th</sup> November 2023	Diwali Fellowship
18 <sup>th</sup> November 2023	Painting Competition



Basic Education & Literacy



Maternal & Child Health



Peace & Conflict Prevention/ Resolution



Disease Prevention & Treatment



Water, Sanitation & Hygiene



Community & Economic Development



Support the Environment

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